

## February menu

ISS cafeteria



*Monday 30th : Risotto al Funghi, Mushroom Risotto served with parmesan ( Vegetarian and gluten free)*

*Tuesday 31st : Pasta Fuzilli Bolognese, Pasta served with beef & Vegetable sauce.*

*Wednesday 1st: Chicken wings BBQ sauce served with bake potatoes and sour cream.*

*Thursday 2nd : Komle , Norwegian dumplings served with salted lamb and sausages.*

*Friday 03rd : Captain Jack Bacalao, Salted cod served with potatoes and tomato sauce. Child friendly*



*Monday 6th: Chicken noodles pad Thai. fried noodles with tamarin, chicken and vegetables.*

*Tuesday 7th: Shepard's pie served with mushy peas, beef and mashed potatoes bake in the oven.*

*Wednesday 8th: Burritos, home made Chicken burritos served with salsa.*

*Thursday 9th: Kjøtt kakker, Norwegian meat balls served with potatoes and carrots.*

*Friday 10th : Fish gratin, poached pollock with macaroni and cheese sauce and bread crumb in the oven served with vegetables*



*Monday 13th: Roasted chicken legs with mushroom sauce and boat wedge potatoes.*

*Tuesday 14th: Beef lasagna served with salad.*

*Wednesday 15th: Surf and turf tacos, pork and prawns tacos served with mango salsa*

*Thursday 16th: Ham and potato gratin, served with roasted vegetable salad.*

*Friday 17th : Salmon Teriyaki , soya and Honey marinated salmon roasted served with Jasmin rice.*

---

## Winter Holidays